

WORKPLACES

203 WORKERS

FROM 15 WORKPLACES RECEIVED TÜ MAHI WELLNESS CHECKS

23 individuals were referred for nurse follow-

39 FINAL-YEAR UNIVERSITY STUDENTS

in disciplines including medicine, dentistry, nursing and paramedicine spent 5 weeks with Turanga Health working with real patients in real-life situations as part of the Interprofessional Programme.

The Vanessa Lowndes Centre has

33 REGISTERED WHANAU

AND 6 INVOLVED IN PART-TIME PAID WORK

4 TURANGA HEALTH STAFF

recognised for 20 years with Turanga Health.



SCHOOLS

58 VACCINATIONS

AGAINST THE CANCER-CAUSING HUMAN PAPILLOMAVIRUS (HPV) were given to male and female students across 6 rural schools.

23 BOOSTRIX **VACCINATIONS**

(DIPHTHERIA, TETANUS AND WHOOPING COUGH)

were given to students across 9 rural

345 TAKARO TAWHITO

TRADITIONAL GAMES PROGRAMMES

delivered in 22 schools (10 city and 12 rural).





364 STUDENTS AND STAFF

WALKED A TURANGA HEALTH HERITAGE TRAIL

14 BREAKFAST CLUB

SESSIONS AT COBHAM SCHOOL

74 ACTIVITY **SESSIONS**

HELD AT 7 KOHANGA REO

helping tamariki grow confidence while building skills in balance and co-ordination.









LOMBOK, INDONESIA

Te Hauora o Turanganui a Kiwa Ltd

Turanga Health

MEDICAL CENTRES

90 RHEUMATIC FEVER REFERRALS

received then followed up with antibiotic compliance and education.

440 ELECTRONIC REFERRALS

for a Turanga Health service received from the six Gisborne medical centres.

Waikohu Health Centre has

1580 ENROLLED PATIENTS.

2721 NURSE CONSULTATIONS & 2304 GP CONSULTATIONS

at Waikohu Health Centre

4 THREE RIVERS MEDICAL GPS

take part in the Turanga Health induction programme.



MESSAGE FROM THE CEO

The challenging days of the Covid-19 pandemic were a turning point in how health care is delivered around the world – and at Turanga Health.

Whānau who previously considered the only way of receiving health services was by meeting their nurse or kaiāwhina face-to-face, found other ways to receive their care. They could interact with staff on the phone, use apps, online tools, and video conferences. And in many cases they found we could offer a far more responsive approach.

The disruption of Covid-19 turned out to be an accelerator of change as we offered more care in real time: influenza vaccinations on a verandah on a Saturday; doctor and nurse telephone consultations; and virtual exercise sessions

Covid-19 has created a shift, where many whānau now see and understand this to be an okay way to receive some of their health care. In capturing the voice of whānau we've had feedback on the new complementary ways of service delivery and in the process also discovered more about their needs. Who has wifi? Who has a shower over the bath? And who has support over the weekend? All this information helps us provide a more responsive service. Throughout the entire process the availability of data and the ease of collation was central.

So, if Covid-19 has taught us one thing, it's that no health system can stay stagnant. While existing health care methods won't ever be replaced, new health care delivery models will certainly be retained to complement them.

My personal thank you to the band of dedicated workers that kept Turanga Health's heart beating this year. Early and deserved praise must go to the nurses and kaiāwhina working in the community during the lockdowns. But behind the scenes an army of Turanga Health staff also pulled together to help with the logistics of creating and distributing thousands hygiene buckets and kai parcels to whānau around the rohe. Administrative staff also worked hard to keep Turanga Health running.

I also want to personally thank all Turanga Health funders and governance kaitiaki for the part they played during this most extraordinary 2020 year.

REWETI ROPIHATuranga Health Chief Executive



COVID-19 RESPONSE

900

INFLUENZA VACCINATIONS

400 in workplaces and 500 at people's homes. Administered before and during Covid-19 level 4 and 3 lockdown to protect whānau and keep pressure off the health system.

VANESSA LOWNDES CENTRE STAFF AND WHĀNAU CREATED 1530 MEALS

during lockdown so hundreds of older people could enjoy nourishing home-cooked food while in isolation.



THE DOLLARS & CENTS

\$6,799,714

TURÁNGA HÉALTH'S INCOME

Of that \$762,724 came from the Ministry of Health, \$3,151,078 from Hauora Tairāwhiti, and \$583,917 from Midlands Health Network. The remainder was from Sport New Zealand, Te Puni Kōkiri, Te Pou Matakana (Whānau Ora), Eastern Institute of Technology, ACC, and the University of Otago.

61%

SPENT ON WAGES

to deliver services to whānau in Tūranganui-a-Kiwa.

LOCKDOWN FLEXIBILITY

During lockdown there were 5 co-ordination staff working from Turanga Health's Derby St campus, 6 nursing staff working from home, 6 nurses providing telehealth, 10 nurses and kaiāwhina working in the community, 4 drivers, 4 staff working at Waikohu Medical Centre, and 2 Vanessa Lowndes Centre staff and Vanessa Lowndes whānau creating meals. Turanga Health's other 32 staff returned safe and well and ready for work after lockdown.

1630

HYGIENE BUCKETS AND PACKS

distributed to whānau around the rohe



289 GP TELEHEALTH APPOINTMENTS 385

TELEHEALTH NURSE CONSULTATIONS

carried out at Waikohu Health Centre during level 4 and 3 lockdown.

6

FREE-TO-AIR ONLINE INFORMATION VIDEOS

made during lockdown covering information, exercise options, mask making and more.

300

WHĀNAU AGED OVER 65-YEARS AND/OR WITH A LONG-TERM CONDITION CONTACTED

between one and three times a week by telephone during level 4 and 3 lockdown as part of Turanga Health's phone tree.

HOMES

Rheumatic Fever Programme staff carried out

97 HEALTHY HOME ASSESSMENTS

79 WHĀNAU RECEIVED EDUCATION

15 WHĀNAU WERE RELOCATED

8 into Housing New Zealand homes and 7 into private rental accommodation.

BEDDING FOR 34 HOMES

CURTAINS FOR 30 HOMES

UNDERFLOOR AND/OR CEILING INSULATION IN 10 HOMES

BEDS FOR 25 HOMES

HOUSE REPAIRS AND MAINTENANCE FOR 18 HOMES

HEATING FOR 19 HOMES

51 MOULD KITS DISTRIBUTED

43%

OF MĀORI BABIES WERE FULLY BREASTFED AT SIX WEEKS

40% were reported to be breastfed at six months.

MENTAL HEALTH KAIMAHI MET WITH 48 TANGATA WHAIORA 2022 TIMES

helping them with transport, exercise and nutrition, counselling and links to support services.

377 PĒPI

WERE REFERRED TO THE WELL CHILD TAMARIKI ORA SERVICE

92% of pēpi referrals were newborns, with 80% of scheduled visits completed.



Towards Health Control of the Contro

COMMUNITIES

143

INDIVIDUALS REGISTERED WITH EKE TÜ

with 69 from in and around Gisborne, 33 from rural areas, and 41 from north of Gladstone Rd bridge.

64 TU PAKARI COMMUNITY PHYSICAL ACTIVITY SESSIONS

held at local marae, schools and community

235

REFERRALS TO ASSIST WĀHINE WHOSE RECORDS SHOW THEY'RE HIGH RISK OF DEVELOPING CERVICAL CANCER

or are behind in their regular smears, to have a smear. 76 were successfully contacted and 26 report that they have had their smear.

6 DIY IN THE WHARE EVENTS WITH 150 VISITORS

179

REFERRALS TO ASSIST WĀHINE TO HAVE BREASTSCREENING

60 were successfully contacted and 23 report that they have had their breastscreening appointment.

46 PĒPI PODS

AND WAHAKURA DISTRIBUTED TO WHĀNAU

with support and education about safe sleeping for babies.

31

TAI CHI SESSIONS WITH 811 PARTICIPANTS

26

REFERRALS TO ASSIST WĀHINE TO HAVE A COLPOSCOPY

20 were successfully contacted and 8 report that they have had their colposcopy.

242 CARSEATS

FITTED AND EDUCATION GIVEN

14 KAUMĀTUA DAY PROGRAMMES

4

TWO-DAY ANTENATAL WANANGA for 34 hāpu women.

55

FALLS ASSESSMENTS COMPLETED

on people with an average age of 66 by community nurses. 22 percent found to be at high risk and referred for further assessment with a falls prevention nurse.