


BETWEEN 1 JULY 2018 AND 30 JUNE 2019

85
HAUORA TĀNE
PROGRAMME
HEALTH SESSIONS.

6 GENERAL
PRACTICE
STAFF
from Three Rivers
Medical took part in
the Turanga Health
induction programme.

17 
DEFIBRILLATORS
FOR TŪRANGANUI-
A-KIWA MARAE.

95% OF TAMARIKI
received their core
Well Child visits by the
time they were one. 


306 PĒPI 
referred to Well
Child Tamriki Ora.

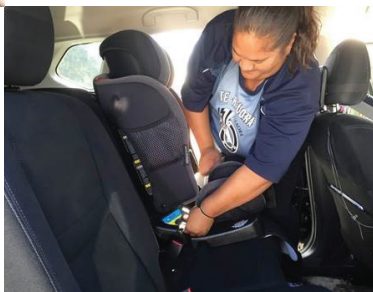
288 CAR SEATS 
fitted and education given.


**34 REFERRALS
TO SUPPORT
WOMEN**

to attend colposcopy clinic
appointments with 30
successfully attending.



**6 TWO-DAY
ANTENATAL
WANANGA
HELD FOR
55 HAPŪ
WOMEN.** 



**19 KAUMĀTUA DAY
PROGRAMMES**
held at 14 venues
including 10 marae.
2406 participants
attended averaging
127 per programme. 

**41 TAI CHI
SESSIONS**
held with 1185 participants.

**6 TURANGA
HEALTH STAFF
RECOGNISED**
for 20 or more
years' service with
Turanga Health. 



TURANGA HEALTH

**TE WHAKAAHUATANGA
2018-2019**

Te Hauora o Turanganui a Kiwa Ltd
Turanga Health



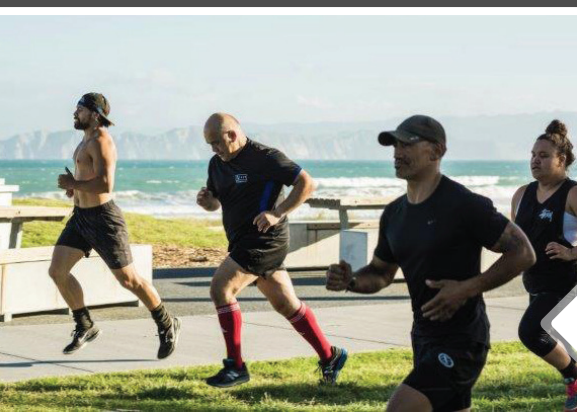
OUT THERE DOING IT WHERE WHĀNAU LIVE, WORK, LEARN AND PLAY



MESSAGE FROM THE CEO

In May I stood alongside a Fuji apple row at Riverland Fruit Company orchard outside Gisborne as 40 permanent and casual orchard workers took turns boarding the Pikiteora mobile clinic. One tāne told me he couldn't believe we had turned up and as a result he would get the influenza vaccination to help ensure he and his grandparents didn't get sick. Parked up among the trees Turanga Health's Tū Mahi workplace wellness programme served as a prime example of our community-based approach. This year we've continued to provide wraparound health care and services outside the hospital and general practice setting for over 3000 whānau. This mindset negates the need for capital investment in permanent health care facilities and more importantly means we can quickly manage the prevailing needs of patients in their own homes or community settings. Be it Eke Tū, Hauora Tāne, or DIY in the Whare, the year can be summarised in a few words: we are making a difference. Thank you everyone, for your continued commitment and all that you do to deliver to our purpose – building family wellness for future generations.

Reweti Ropiha
TURANGA HEALTH CHIEF EXECUTIVE



HOMES

54% of Māori babies were exclusively breastfed at six weeks. 19% were reported to be breastfed at six months.

Mental health kaimahi met with 43 tangata whaiora 2314 times helping them with transport, exercise and nutrition, counselling and links to support services.

Rheumatic Fever Programme staff carried out 68 Healthy Home assessments. 11 whānau were relocated: 7 into Housing New Zealand homes and 4 into private rental accommodation. 25 received education. Bedding went into 8 homes, curtains into 12, and underfloor and ceiling insulation into 7 homes. 15 mould kits were distributed.

The Healthy Homes assessments also led to beds for 5 homes, house repairs and maintenance for 9 homes, heating for 14 homes, support for heating costs for 14 whānau, and 81 toothbrushes distributed.

COMMUNITIES

118 individuals registered with Eke Tū, 97 in Gisborne, 11 in Muriwai, 10 in Te Karaka.

2 DIY in the Whare events with a total of 93 visitors.

172 Tū Pakari community physical activity sessions held at local marae, schools and community halls.

79 referrals to assist wāhine whose records show they're at high risk of developing cervical cancer or are behind in their regular smears, to have a smear. 53 successfully contacted and recorded to have had their smear.

WORKPLACES

625 workers from 21 workplaces received Tū Mahi wellness checks. 18 individuals were referred for nurse follow-up.

Tū Mahi programme referrals also included smoking cessation (96 people), Tū Pakari (1), and E Tipu e Rea (1).

As part of the Interprofessional Programme, over 50 final-year university students in disciplines from medicine and dentistry to nursing and paramedicine spent 5 weeks with Turanga Health working with real patients in real-life situations.

The Vanessa Lowndes Centre has 32 registered whānau and 8 involved in part-time paid work.

MEDICAL CENTRES

135 rheumatic fever referrals received then followed up with antibiotic compliance and education.

497 electronic referrals for a Turanga Health service received from the six Gisborne medical centres.

Waikohu Health Centre reached a record high of 1522 enrolled patients and moves to electronic prescribing and a web-based patient management system.

2152 GP appointments and 2263 nurse consultations were made.



SCHOOLS

60 vaccinations against the cancer-causing human papillomavirus (HPV) were given to male and female students across 7 rural schools.

1698 students walked a Turanga Health Heritage Trail.

146 kī-o-rahi (traditional games) programmes were delivered in 19 schools (12 city and 7 rural) to 4252 students.



THE DOLLARS & CENTS

Turanga Health's income was \$5,502,786. Of that, \$682,771 came from the Ministry of Health, \$2,892,171 from Hauora Tairāwhiti, and \$422,917 from Midlands Health Network. The remainder was from Sport New Zealand, Te Puni Kōkiri, Te Rūnanga o Tūrangānui a Kiwa (Whānau Ora), Eastern Institute of Technology, and the University of Otago. Around 65% was spent on wages to deliver services to whānau in Tūrangānui-a-Kiwa.

