

BETWEEN 1 JULY 2016 AND 30 JUNE 2017

1124
PHYSICAL
ACTIVITY
LIFESTYLE
sessions were held

1470
PATIENTS

were enrolled with
Turanga Health
Te Karaka as of
30 June 2017



RHEUMATIC FEVER

As part of the rheumatic fever programme 133 calls or home visits were made to whānau where a throat swab had come back positive for Group A Strep bacteria



218 CAR SEATS

were fitted and
education given



284 PĒPI

were referred to the
Turanga Health Well
Child Tamariki Ora programme



99 WHĀNAU

achieved their
learners, restricted,
or full licence



In May–October 2017,

**12 REBEL
SPORT SHOE
VOUCHERS**

were won by patients at
Three Rivers Medical and
Te Karaka Turanga Health
as part of the Champion
Ideas competition



**8 TWO-DAY
ANTENATAL
WORKSHOPS**

were held with
80 hapū mums
attending



10 whānau involved in
part time paid work & 34
registered whānau with the

**VANESSA
LOWNDES
EMPLOYMENT
PROGRAMME**



**14 NURSES
AND 1 GP**



**18 KAUMĀTUA DAY
PROGRAMMES**

were held in 12 venues
with 192 participants



1755

FOLLOWERS
on Facebook



TURANGA HEALTH TE WHAKAAHUATANGA 2016-2017

Te Hauora o Turanganui a Kiwa Ltd

Turanga Health



OUT THERE DOING IT TO MEET THE PRIMARY HEALTH CARE NEEDS OF WHĀNAU...



HOMES

In 2016, 58% of Māori babies under the care of Turanga Health were exclusively or fully breastfed at six weeks and six months thanks to breastfeeding support programme Kiri ki te Kiri Innovation and the commitment of our nurses and kaiāwhina.

Turanga Health mental health kaimahi met face-to-face with 51 tangata whaiora 2977 times helping them with transport, exercise and nutrition, counselling, and links to support services.

Rheumatic fever programme staff carried out 144 Healthy Home assessments leading to the distribution of 15 heaters, 190 mould buckets, 41 sets of curtains, and 6 beds or bedding. 190 whānau were given healthy home education, and 8 whānau were relocated.



MESSAGE FROM THE CEO

After another successful year Turanga Health again finds itself in a space where the gains relative to investment are marked and measurable. Our staff and programmes are responsive to the needs of whānau because we're out there doing it: in homes, workplaces, kura, and at events.

Our wraparound services mean that when we get there we open more than just one door into Turanga Health. Physiotherapy might lead to a referral to Men's Health; community fitness might lead to a smoking cessation programme; a car seat may lead to nurse support with breastfeeding. Indeed, the increase in Māori babies exclusively breastfed at six weeks is incontestable proof we're making a difference.

As I look forward to next year and a new Government, Turanga Health will test itself across new

WORKPLACES

Turanga Health expanded its workplace wellness Tū Mahi programme into 19 workplaces including the growing forestry sector with PF Olsen, Kohntrol Forest Services, Logic Forest Solutions, and Ernslaw One.

21 workers joined a smokefree programme and 8 were smokefree after the 12 week programme.



COMMUNITIES

A Manutuke kapa haka team was just one of many groups to find Turanga Health's outside fitness programme Tu Haa helped keep them on top of their game. Between January and July 2017, 83 outside fitness sessions were held.

265 Tū Pakari community physical activity sessions were held in marae and halls at Patutahi, Manutuke, Te Karaka, Whatatutu, and Gisborne.

In the six months to June 2017, Turanga Health staff assisted 92 wahine whose health records showed they were at high risk of developing cervical cancer or were behind in their regular smears to have a smear.



SCHOOLS

Turanga Health nurses held puberty and personal hygiene classes for year 7 and 8 students at 11 rural schools.

41 out of 45 year eight boys at 11 rural schools said yes to vaccination against the cancer-causing human papillomavirus (HPV).

Students don't evade PE class at Gisborne Ilminster Intermediate any more following a new focus on health, wellbeing, and community involvement.



MEDICAL CENTRES

The Eke Tū pilot programme focuses on managing and preventing chronic conditions like obesity and diabetes through exercise and healthy lifestyle education. A rural and a Gisborne programme ran simultaneously, and 6 whānau completed the programme.

Turanga Health and Three Rivers Medical continued their strong relationship. Three Rivers supplies urgent after-hours support for Te Karaka general practice patients. The practices held a carpark cook off, and ran patient questionnaires and competitions during the year.



THE DOLLARS & CENTS

Turanga Health's income was **\$5,161,411**. Of that \$881,652 came from the Ministry of Health, \$2,847,813 came from Hauora Tairāwhiti, and \$395,917 came from Midlands Health Network. The remainder came from Sport New Zealand, Te Puni Kōkiri, Te Runanga o Turanganui a Kiwa (Whānau Ora), Eastern Institute of Technology, and the University of Otago. Around **65%** was spent on wages to deliver services to whānau in Turanganui a Kiwa.

primary health parameters. We'll maintain our momentum and strengthen our relationships in housing, social services, and whānau ora.

One relationship I'm excited about is with Otago University. We'll unlock new opportunities through shared research, lectures, and academia, ultimately benefiting both organisations.

I look forward to working with you all next year.

- Reweti Ropiha