



TURANGA HEALTH

TE WHAKAAHUATANGA

2015-2016

Te Hauora o Turanganui a Kiwa Ltd

Turanga Health



TURANGA HEALTH DOING WHATEVER IT TAKES TO REALISE WHĀNAU ORA ACROSS THE ROHE...



HOMES

Mental health kaimahi visit whānau in their home and this year helped 35–40 tangata whaiora with transport, exercise and nutrition, counselling, and links to support services.

The Well Child Tamariki Ora programme helps whānau keep a child from birth to five years safe and well. 233 pēpi were referred this year.

Turanga Health's nurses are widely respected for their skills and experience, and our staff specialise in a range of areas including diabetes, palliative care, and post surgery follow-up.



MESSAGE FROM THE CEO

Mihi nui ki nga whānui o Turanganui-a-Kiwa.

Turanga Health is part of a national health system which emphasises providing health services close to home, providing value and high performance, and is people focused with smart systems and a one-team approach.

Realising this potential requires diverse approaches including services in the home and workplace, information technology that's connected to primary care and linked to real time interventions, as well as strategic relationships allowing us to 'do the do'.

Turanga Health has been in this mode for a number of years and now finds itself poised as a leading district-wide provider of whānau-centred wraparound services just

WORKPLACES

50 Cedenco Foods staff signed up to a 12-week smokefree challenge. Six months later 21 remained smokefree.

Ilminster Intermediate teaching staff received onsite wellness checks with a Turanga Health nurse. 4 were referred to their GP, one to a smoking cessation programme, and 16 are still taking part in a weight loss challenge.

Turanga Health expands its workplace wellness Tū Mahi programme into Te Wānanga o Aotearoa and Coxco, and begins discussions with the Eastland Wood Council.



COMMUNITIES

Mums and Bubs is a weekly workout for mums who'd normally find it difficult to find a way to exercise. Participants bring their pēpi to the Turanga Health gym while they work up a sweat.

Tū Pakari, a marae-based community fitness and educational evening series continues to be a hit at Mangatu, Muriwai, Manutuke, and Te Kuri a Tuatai Marae, Te Karaka Area School, and Patutahi Hall.



SCHOOLS

Turanga Health hosted the NZ Secondary Schools Ki o Rahi Championship won by Lytton High School.

A Treaty of Waitangi negotiator and Turanga Health created guided heritage trails along Gisborne's rivers and beaches weaving Māori and European history into bite-sized chunks for kids while they exercise.

Turanga Health visited 21 rural schools providing health promotion focusing on puberty, hygiene, rheumatic fever and sore throat education.



MEDICAL CENTRES

Figures suggest the Rheumatic Fever Prevention Programme, alongside increased public awareness and the hard work of nurses, GPs and community health workers, has started to take effect. The number of children with rheumatic fever fell in 2015. There were 3 confirmed cases in Tairāwhiti compared with 10 in 2014. The Programme is a partnership between Turanga Health, Ngati Porou Hauora, Hauora Tairāwhiti, and medical centres.

Turanga Health introduces long term conditions programme Eke Tū giving GPs somewhere to refer patients who need extra help making positive lifestyle changes.

17 Gisborne GPs received Treaty of Waitangi education after spending a unique educational evening with Turanga Health.



THE DOLLARS & CENTS

Turanga Health's income was **\$4,881,329**.

Significant funder relationships include the Ministry of Health, Hauora Tairāwhiti, Midlands Health Network, Te Puni Kōkiri, ACC and Sport New Zealand. Around **65%** was spent on wages and delivering a smorgasbord of services to whānau in Turanganui-a-Kiwa.

– Reneti Ropika

BETWEEN 1 JULY 2015 TO 30 JUNE 2016

562
STUDENTS

took part in
at least one
Heritage Trail



44
WHĀNAU

were helped to
pass their
learners, restricted
or full licence



**RHEUMATIC
FEVER**

and sore throat education,
as well as free sore throat
swabbing services were
available for the public in an effort to
reduce the rate of rheumatic fever
in Tairāwhiti.



Turanga Health's marketing
leads to hundreds of

**POSITIVE
RADIO
NEWS
BROADCASTS**

and 28 newspaper articles



557
**ELECTRONIC
REFERRALS**

were received
from medical
centres



**44 PRIMARY INDUSTRY
WORKPLACE WELLNESS
SESSIONS**

were held connecting with 658 workers



**11 TWO-DAY
ANTENATAL
WORKSHOPS**

were held
with 94
hapū mums
attending



16 whānau in voluntary or
paid employment as part
of the

**VANESSA
LOWNDES
EMPLOYMENT
PROGRAMME**



423 individuals were

**VACCINATED
AGAINST
INFLUENZA**



**19 KAUMĀTUA
DAY
PROGRAMMES**

were held with
an average of
120 participants
ranging in age
from 50-101

